

# INTEGRATED SEXUAL HEALTH SERVICE

## WHAT YOU NEED TO KNOW ABOUT: THE IMPLANT



<http://sexualhealth.cht.nhs/think-sexual-health>





The implant is a contraceptive. It is a small rod that a woman can have put under the skin of the arm.



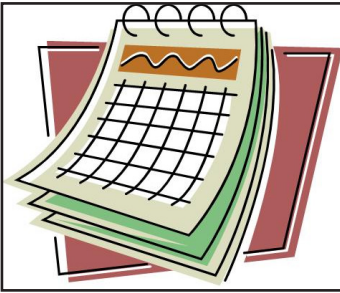
A woman has the implant to reduce her chances of getting pregnant.



The implant is placed under your skin in the top of your arm. It will be on the inside and will not be seen. You might feel it but once it is in it shouldn't be sore.



It will be fitted by a doctor or nurse. You will have a local anaesthetic to stop it hurting when it is being fitted.



The implant can last for up to 3 years. If you want to have the implant removed you must go back to the clinic and get a doctor or nurse to remove it. **Do not try** and remove it yourself!



Your periods may change when you have the implant in.

Some women have no periods, others have heavier periods.

Remember to speak to your doctor if you are worried.



The implant will not protect you from sexually transmitted infections. Condoms will. Use a condom when having sex.



Calderdale and Huddersfield  
Sexual Health Services

You can get condoms free from sexual health clinics, some GPs, some pharmacies, and all youth clubs.

Take a look at our website for more information on services.

You can find our website by typing in the address below or typing “Calderdale Sexual Health” in to any search engine and our website will appear near the top of the results.

<http://sexualhealth.cht.nhs.uk/think-sexual-health/>  
**Remember** that it is your choice if you want to have sex or not. You should never have sex if you don't want to.

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