

# INTEGRATED SEXUAL HEALTH SERVICE

## WHAT YOU NEED TO KNOW ABOUT:

# SEXUALLY TRANSMITTED INFECTIONS



<http://sexualhealth.cht.nhs/think-sexual-health>





If you have unprotected sex (sex without a condom) you are at risk of getting Sexually Transmitted Infections (STIs). You can get STIs from oral, anal and vaginal sex. You can get STIs if you share sex toys.



There are lots of different types of STIs including genital warts, chlamydia and HIV.



You don't have to have a lot of sexual partners to be at risk of STIs.



Symptoms of STIs can include:

- pain when having a pee
- itch, bumps or blisters around your genitals
- an unusual discharge from the vagina or penis

If you are worried you should contact the sexual health clinic on 01422 261370 or your GP.



Most sexually transmitted infections can be treated. It is best if treatment is started as soon as possible. Tests to check for STIs can be carried out by your GP or at a sexual health clinic.



If left untreated many STIs can be painful or uncomfortable. They can also damage your health.



Condoms will reduce your chances of getting an STI. Use condoms every time you have sex.



Calderdale and Huddersfield  
Sexual Health Services

You can get condoms free from sexual health clinics, some GPs, some pharmacies, and all youth clubs.

Take a look at our website for more information on services.

You can find our website by typing in the address below or typing “Calderdale Sexual Health” in to any search engine and our website will appear near the top of the results.

<http://sexualhealth.cht.nhs.uk/think-sexual-health/>  
**Remember** that it is your choice if you want to have sex or not. You should never have sex if you don't want to.

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