

**Sexual Health  
Quarterly Bulletin; January to March 2018  
Prevention and Promotion**



**Quarterly Theme;**

**“Getting checked, and playing safe”**

February comes around and valentines day makes it's annual appearance, cue flowers and romance, along with gifts. However, one gift designed to break hearts is the Gift of Gonorrhoea! Getting checked through the Chlamydia screening programme will also check for Gonorrhoea so we are encouraging anyone who hasn't had a check in the last year or since their last sexual partner to access this service and make sure.

***Why?***

We know STI's are improving with rates falling, and Calderdale is doing well in many ways when compared to other areas, but there is still some way to go to encourage condom use, especially amongst under 25's, and increasing screening. We also know that in 15 to 19yr olds diagnosed with an STI more than 1 in 10 were re-infected again within 12months which makes it important that people who are sexually active are to be encouraged to test regularly.

Chlamydia remains by far the most common STI, accounting for around half of all STI's diagnosed, but Gonorrhoea is increasingly a concern as drug resistance develops. Therefore condom use, and testing to catch any potential infection early, are important to prevent it's spread.

***What can I do?***

Display information and materials such as our service cards, and poster (attached to end of this bulletin), and ensure that during conversations regarding relationships, risk of infection is discussed and people are signposted appropriately.

Chlamydia and Gonorrhoea have their highest rates in young people aged between 15 and 24yrs so these are a particular priority, although as we know anyone of any age can become infected so where unprotected sex has happened then there is a risk.

***Origins of Valentines day.***

Valentines day has been around for quite some time and in fact 14<sup>th</sup> February was designated as St Valentines day by Pope Gelasius in the 5<sup>th</sup> Century. Although Clintons (other card shops are available) probably started selling cards a bit later!



## ***What services are out there?***

The Chlamydia Screening programme operates throughout Calderdale and offers a quick and easy way of supporting individuals aged 15 to 25yrs to screen for both Chlamydia and Gonorrhoea. This can be accessed at most pharmacies, youth services, Branching Out, some schools and Calderdale college. We are particularly keen to ensure young males access this programme as they are currently outnumbered by the women 2.5 to 1!



For young people we have the C-card programme which offers advice and support to young people, along with free condoms, Dams and Lube as appropriate. Anywhere displaying the C-card symbol can offer this service including at the ISHS, which offers C-card as part of the process when accessing us.

For when things go wrong, as they occasionally do, Calderdale has an EHC scheme which runs from numerous pharmacies throughout the borough. Participating pharmacies offer free EHC to anyone aged 13-25, and above where an individual is in receipt of income related benefits.

## ***How do people reach us?***

Our website offers up to date times for clinics at Broad Street Plaza and outlying clinics where we offer a mixture of Queue and wait clinics, where people simply turn up and wait to be seen, appointment times and young persons clinics. We also offer a fast-track service for vulnerable individuals to ensure they are seen promptly with minimum of fuss. All a worker needs to do is, when booking a young person into a clinic they tell the receptionist they need to be fast-tracked and this will be taken into account when they attend so they can be seen quickly and efficiently. This can also be done in a Queue and wait clinic, and again as long as the reception is aware the young person is attending this can be dealt with in the same way. For more information on this, or if you have a young person you are supporting needing this service contact us on the details below for further information.

Website; <http://Sexualhealth.cht.nhs.uk>

Tel; 01422 261370

Text; 80010 "TESTME plus name and address for screening kit"



Taking care of yourself and your partner by using condoms and get checked out at least yearly!



Liz Todd  
Medical Secretary  
01422 261354

I support the team to deliver prevention services and manage our Facebook and twitter feeds.



Steve Searby  
Sexual Health Promotion Lead ;  
01422 261367

I lead on the promotion and prevention activity in the service.

### **Broad Street Opening Times;**

#### **Monday**

8.30 am - 1.30 pm – Queue and wait  
3.00 pm - 5.00 pm – Under 19's queue and wait  
3.30 pm - 5.00 pm – Booked appointments  
5.30 pm – 6.30 pm – Queue and wait

Please note: The queue & wait clinic between 5.30-6.30pm will have limited capacity. Therefore you may be asked to return if the clinic is full. Apologies for any inconvenience this may cause.

#### **Tuesday**

8.30 am – 9.30am – Booked appointments  
9.00 am - 1.30 pm – Queue and wait  
1.30 - 4.00 pm – Booked appointments

#### **Wednesday**

8.30 am – 9.30am – Booked appointments  
9.00 am - 1.30 pm – Queue and wait  
3.30 - 6.30 pm – Booked appointments

#### **Thursday**

8.30 am – 9.30am – Booked appointments  
9.00 am - 1.30 pm – Queue and wait  
10.00 - 4.30 pm – Booked appointments

#### **Friday**

8.30 am – 9.30am – Booked appointments  
9.00 am - 1.30 pm – Queue and wait

#### **Saturday**

10.15 - 1.15 pm – Queue and wait (EMERGENCIES ONLY)



Lisa Morris  
Health Care Assistant

I support delivery of services in clinics and go out to schools



Jill Tattersley (right)  
Sexual Health Nurse.

I work at the sexual health clinics and go into the Pupil Referral Unit to deliver services with Shirley Oakley Health Care Assistant (Left), who also goes to other schools to deliver drop-ins